

## **Adult Open Classes 2009-10 season**

**BALLET** - Tuesdays 6:30-8:00 pm - *Intermediate /Advanced*  
Thursday 6:30-7:30 pm - *Beginner/ Intermediate*  
Saturday 10:45-11:45 am - *Intermediate/ Advanced*

**Instructors Josha Spigner, Adair Kellar and Anna Jordan.** The beauty of ballet stems from a study of line, shape and form. Pose, strength and grace work together to serve the best foundation for all dance forms.

**TANGO** - Monday 7:30-8:30 pm

**Instructors Hernan Justo and Anina Basile-Harris** both Argentine born embody the energy and passion of this beautiful dance. It is not necessary to have a partner as we have wonderful male and female professional dancers to dance with you. Come join us for this evening of fun and adventure. Beginner friendly!

**MAT PILATES** - Tuesday 9:00-10:00 am *Adv Mat Pilates* (starts Sept 8<sup>th</sup>)  
Tuesday 10:15-11:00 am *Beg/Int Mat Pilates* (starts Sept 8<sup>th</sup>)  
Thursday 9:00-10:00 am *Adv Mat Pilates* (starts Sept 8<sup>th</sup>)  
Thursday 10:15-11:00 am *Beg/Int Mat Pilates* (starts Sept 8<sup>th</sup>)  
Saturday 9:15-10:00 am *Adv Mat Pilates*  
Saturday at 10:00-10:45 am *Beg/Int Mat Pilates*

**Instructor Anna Jordan** Start your day with a Mat Pilates class and get aligned and centered all weekend long! What will make this class different than any other? Anna Jordan. With her Pilates instructor experience in New York City, she brings the refinement and executes skills for an amazing class. Her cues and flow are excellent.

**JAZZ** - Thursdays 7:45-8:45 pm (starts August 20th)

**Instructor Francesca Genovese** A deeply rhythmical dancer and choreographer her self, she has captivated the audiences with her "play-on-music" quality. Learning from great pioneers in this style are Chet Walker, Mia Michaels and Garth Fagan's design and flow in class. She teaches this class full of energy and fun!